

# NORTHBROOK PARK DISTRICT

## Ice Skating Program Waiver and Release

### Important Information

The Northbrook Park District (herein collectively referred to as the "District") is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program must recognize that there is an inherent risk of injury when choosing to participate in recreational activities. You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

### Warning of Risk

Ice Skating is intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including but not limited to head injury, neck or back injury, wrist and ankle fractures, and other orthopedic injuries to limbs and joints. All hazards and dangers cannot be foreseen. The very nature of ice skating is risky, including but not limited to slip and falls, colliding with other skaters of varying degrees of skill (including being struck from behind), tripping on irregular ice surfaces, cuts from skate blades, inadequate or defective equipment, ill-fitting skates, failure in supervision or instruction, horseplay, carelessness, poor technique, poor conditioning, rule violations, striking a stationary object, premises defects outside the rink, and all other risks inherent to the sports of ice skating. In this regard, it must be recognized that it is impossible for the District to guarantee absolute safety.

### Photo/Video Policy

The District takes photos and video of participants in classes, during special events and in the parks. By signing the waiver, you are giving permission to the District to use these photos and video in District publications and on the District website and social media outlets. All photos and video are the property of the District.

### Waiver and Release of All Claims and Assumption of Risk

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the District, including its officials, agents, volunteers and employees.

I further agree to defend, indemnify, and hold the District harmless against any and all liability, loss, expense, including reasonable attorneys' fees, or claims for injury or damages arising out of my participation (or my minor child/ward's participation) in this activity; but only in proportion to and to the extent such liability, loss, expense, attorney's fees, or claims for injury or damages are caused by or result from my or my minor child's/ward's acts(s) or omission(s).

### Privacy and Security Policy

The Northbrook Park District is committed to maintaining participant's privacy in compliance with all laws. The Privacy and Security Policy outlines the types of information the Park District gathers and is available at [nbparks.org](http://nbparks.org).

I have read and fully understand the above important information, warning of risk, photo/video policy, assumption of risk and waiver and release of all claims. If registering online or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature (check box).

Participant's Name (Please Print) \_\_\_\_\_

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

If Under 18, Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**PARTICIPATION WILL BE DENIED if the signature of adult participant or parent/guardian for minor and date are not on this waiver.**

Note: The Northbrook Park District does not carry medical or accident insurance for its participants. We suggest you look at your own insurance policy to be sure you are adequately covered. The District assumes no responsibility for personal injuries or loss of personal property.

