



## Indoor Soccer League Rules

All rules can be altered by the Leisure Services Supervisor in charge of the House Soccer program

**LAW 1 – The Field of Play:** The indoor soccer league will play on gym floor at Greenbriar School with 4'x 6' goals. Indoor soccer will **not** use goalies and there will be a box outside the goal area that players are not allowed in. Walls will be used to keep the ball in play along the sidelines.

**LAW 2 – The Ball:** A size 4 futsal ball will be used for all league games.

**LAW 3-Number of Players:** Games will start four players versus four (players. A team may add an additional player if the score differential reaches four goals. No goalkeepers will be used in indoor soccer.

**LAW 4-Player's Equipment:** The Park District supplies team shirts but the child must have his/her own shorts, socks and shin guards, which are mandatory. Indoor soccer or gym shoes must be worn in the gym. The Park District strongly recommends the use of a mouth guard.

**LAW 5-Referees:** The Referee is in complete control of the game, and is treated with respect. A player disputing a referee's decision may be charged with a penalty. Parents are encouraged to always address referees with respect. The Northbrook Park District has implemented a "Zero Tolerance Policy." Any parent, player, coach, or spectator will be asked to leave the gym in the event of unsportsmanlike conduct. Your team coach will have the specific policy on berating of officials, coaches and players.

**Please respect the officials!**

**LAW 6-Duration of the Game:** Games are four quarters. Each quarter is ten minutes. Coaches will be allowed to make unlimited substitutions. Substitutions will be made only on goal kicks, kickoffs or injury stoppages. The clock does not stop during the game.

**LAW 7-The Start of Play:** The home team will kickoff and defend the south goal in the first half of each game. Opponents (but not teammates) must be at least 5 yards away. Kickoffs can be passed in any direction. A goal cannot be scored directly from the kickoff. After a team scores a goal, the other team will kick off. Teams switch sides at the start of the second half.

**LAW 8-Ball In And Out of Play:** The ball is out of play when the **ENTIRE** ball crosses the end line. The ball is allowed to be played off the walls and curtain along the sidelines.

**LAW 9-Scoring:** A goal is scored when the **ENTIRE** ball crosses the goalpost and under the crossbar. The game may end in a tie. Standings are not kept during house league games.

**LAW 10- Offside:** No offside will be called for the indoor league.

**LAW 11 & 12– Fouls and Misconduct, Free Kicks and Penalty Kicks:** All free kicks will be indirect

1. **Indirect Free Kick** – Opponents must be at least 5 yards from the ball. A goal may not be scored unless the ball touches another player. All free kicks, goal kicks, corner kicks and kickoffs will be indirect. Penalty kicks will be the only direct kicks.
2. **Penalty Kick**- A penalty kick will be awarded if a player touches the ball in their defensive goal box or commits a foul that negates a goal scoring opportunity. The penalty kick will be taken from the midfield line. All players must stand behind the shooter. The result of the penalty kick will either be a goal or a goal kick.

**LAW 13-Goal Kick:** When the ball passes over the goal line **OUTSIDE** the goalpost, and the offensive team last touched it, the defensive team returns the ball into play with a goal kick. Opponents must be at least 5 yards from the ball. The kicker cannot play the ball until it has been touched by another player.

**LAW 14-Corner Kick:** When the ball passes over the goal line **OUTSIDE** the goalpost, and the defensive team last touched it, the offensive team returns the ball into play with a corner kick. For a corner kick, we will use the corner of the field. Opponents must remain at least 5 yards away until the ball is kicked. The kicker may not play the ball again until it has been touched by another player.

**LAW 15-Goal Box:** No player is allowed inside to touch the ball inside the goal box. The goal box is the area directly in front of either goal. The area is marked by the basketball lane and volleyball end line. The official will review this area with players and coaches prior to every game.

**LAW 16- Slide tackling:** No slide tackling is allowed in indoor soccer.

### **Additional House Rules**

1. Upon a four (4) goal difference, the opposing team will be allowed to add one (1) player and an additional player for each four (4) goal difference thereafter.
2. Players may not wear any form of jewelry, watches, or earrings during play. Players who need eye glasses must wear protective sports glasses or goggles. Sunglasses are not allowed.
3. Players must wear either indoor soccer shoes or gym shoes. No cleats are allowed.
4. Water is the only beverage allowed in the gym. No food, sports drinks, coffee or soda are allowed in the gm.
5. **No parents are allowed near the team benches.** All spectators will occupy one end line and both teams and coaches will occupy the other end line.

### **Snow Out Policy**

Games will be cancelled if severe winter weather conditions exist. If any changes occur due to weather, they will be placed on the Park Districts Weather and Activity Hotline recorded message (847-291-2985 press 8 then 1). Please do not call a Park District facility, as the receptionist may not have the current information.