



Momentum

Senior Center Newsletter May-June 2018

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Senior Center

3323 Walters Avenue
Northbrook, IL 60062
Phone: 847-291-2988

Office Hours

Monday-Friday 9am-4pm

Staff

Meri Shea
Recreation Manager

Kathy Liuzza & JoAnn Nelson
Office Coordinators

Leisure Center Lounge!

Check out the lounge in the Theatre lobby. Read a book, chat with friends, play a game or enjoy a cup of coffee before or after a program.

Volunteer Luncheon

Friday, May 4 from 11:30am-2pm

Gather with us to thank the Senior Center volunteers for all they do. A catered lunch and entertainment by Roxanne Anzelone will be provided for all attendees. Volunteers attend free with invitation but registration in advance is required.

Member: \$10

Code: 7463

Barbara Rinella – Book Dramatization & Lunch

Thursday, May 17 from 11:30am-2pm, Sunset Ridge Country Club

Barbara Rinella acts out the novel *Where the Light Falls* by author Allison Pataki. This story has a wonderful blend of historical and fictional characters during the French Revolution and highlights the role women played.

Member \$39

Code: 7462



Opera Appreciation – 65 Years of Opera and Still Counting

Fridays, May 18 & 25 from Noon-2pm, Leisure Center

Opera enthusiast, Kurt Youngmann, presents an audio retrospective of his life in opera. He utilizes the recordings he remembers as his earliest operatic memories, dating from the 1940s. He looks forward to sharing them with others who appreciate great singing. Lunch is included.

Member: \$15

Code: 7465

Rules of the Road

Wednesday, June 27 10am-Noon, Senior Center

This free review class from the Secretary of State’s Office will prepare you to renew your driver’s license. Call 847-291-2995 to register.

Trips & Adventures

Register now! Join us for fun, hassle-free excursions with your friends. Advise staff when registering if you need any reasonable accommodations, such as dietary changes. Refunds are limited.

1 Light Walking
Short walking distances and no stairs

2 Mid-Level Walking
Some walking, short periods of standing and some stairs

3 Heavy Walking
Extended periods of walking, standing and stairs



South Pacific at Drury Lane, Oakbrook Terrace, IL. 2

Wednesday, May 23 from 10:15am-5pm

This Rodgers and Hammerstein musical proves that even the backdrop of a tropical paradise cannot shelter its residents from the prejudices of World War II. *South Pacific* is the winner of the 1950 Pulitzer Prize for drama and ten Tony Awards including Best Musical. Choice of chicken or vegetable entree is included and will be enjoyed at Drury Lane. Bus will pick up at the Leisure Center at 10:30am, lunch is served at 11:30am, and show will start at 1:30pm.

Member \$89

Code 7224



Chicago Cubs, Miller Park, Milwaukee, WI. 2

Wednesday, June 13 from 10:30am-6pm

Experience the magnificent Miller Park and a great game between these division rivals. Fee includes transportation and ticket. Transportation will leave the Leisure Center by 10:30am to get to the ball park for a 1:10pm game.

Member \$109

Code 7233



The Wonders of the Gold Pyramid, Wadsworth, IL. 3

Monday, June 25 from 11:30am-4:30pm

Join us on a visit to this unique six-story residence. Learn about the history of the house and the family that built it. Cross the moat and find yourself taken back to ancient Egypt and discover the wonders this pyramid holds. Lunch is included.

Member \$79

Code 7653



Spirit of Chicago Cabaret Cruise, Chicago, IL. 3

Tuesday, July 24 from 10:30am-4:30pm

Take a two-hour cruise on Lake Michigan while enjoying a truly engaging show featuring live music and performances. A delicious lunch buffet and a few fun facts about Chicago's famous skyline will help make this an afternoon to remember.

Member \$89

Code 7640

Refund Policy: All refunds are subject to an administrative fee of 10% of the program cost. Trips may have nonrefundable deposits and/or special restrictions. Refunds do not apply to program supplies, materials purchased, gift certificates, food and contractual programs.

Classes

All classes and activities are in the Leisure Center unless otherwise noted.

Canasta – Beginner

Learn the basics, review rules and learn as you play.
No class 5/28

Days	Times	Dates	Code
Member: \$39 for 3 classes		Instructor: Terri Argentar	
Monday	Noon-3pm	5/14-6/4	7227
Member: \$49 for 4 classes		Instructor: Terri Argentar	
Friday	Noon-3pm	5/18-6/8	7228

Canasta – Intermediate

Review the rules and learn strategies as you play.

Member: \$25 for 2 classes		Instructor: Terri Argentar	
Days	Times	Dates	Code
Monday	Noon-3pm	6/11-6/18	7231
Friday	Noon-3pm	6/15-6/22	7232
Monday	Noon-3pm	6/25-7/2	7647
Friday	Noon-3pm	6/29-7/6	7648

Mahjong – Beginner

New players learn and play Mahjong. Bring a current Mahjong card.

Member: \$49 for 5 classes		Instructor: Shirley Merar	
Days	Times	Dates	Code
Fridays	9:30-11:30am	6/1-6/29	7661
Tuesdays	6-8pm	6/5-7/3	7662
Thursdays	9:30-11:30am	6/7-7/5	7660

Mahjong – Intermediate

This class is designed for people who have taken beginning Mahjong and those who want to brush up on their skills. Bring a current Mahjong card.

		Instructor: Shirley Merar	
Days	Times	Dates	Code
Member: \$45 for 4 classes			
Tuesdays	6-8pm	5/8-5/29	7244
Thursdays	9:30-11:30am	5/10-5/31	7245
Member: \$35 for 3 classes			
Fridays	9:30-11:30am	5/11-5/25	7246

The Palette Pals (Oil/Acrylics)

Learn the fundamentals of shading, composition and perspective. A supply list is available at registration; bring materials to the first class.

Member: \$30 for 5 classes

		Instructor: Kathy Kathrein	
Days	Times	Dates	Code
Wednesday	1-3pm	5/16-6/13	7249
Wednesday	1-3pm	6/6-7/11	7668

Bridge – Intermediate Beginner

Takes your beginner game to the next level.
Each session combines instruction and play.

		ACBL Accredited Teacher: Marcia Plonsker	
Resident: \$85/Non-Resident: \$109 for 6 classes			
Days	Times	Dates	Code
Tuesday	6:30-8:30pm	6/5-7/10	7642
Resident: \$69/Non-Resident: \$89 for 5 classes			
Tuesday	6:30-8:30pm	7/17-8/14	7641

Ceramics – Open Workshop

Express your creativity with clay. All levels receive individual attention, along with a variety of clays, glazes and basic tools. All materials provided.

Resident: \$149/Non-Resident: \$179 for 5 classes

		Instructor: Sharon Robbins	
Days	Times	Dates	Code
Tuesday	Noon-3pm	5/15-6/12	7127
Friday	Noon-3pm	5/18-6/15	7128
Tuesday	Noon-3pm	6/19-7/17	7649
Friday	Noon-3pm	6/22-7/20	7652

Knitting and Crocheting – Keeping You in Stitches

Learn to create works of art from a simple pair of needles and yarn. New and experienced students are welcome. Our experienced instructor teaches fundamentals and helps with difficult projects.

Participants supply materials.

Resident: \$65/Non-Resident: \$75 for 5 classes

		Instructor: Sharon Robbins	
Days	Times	Dates	Code
Thursday	7-8:30pm	6/21-7/19	7655

Activities

All classes and activities are in the Leisure Center unless otherwise noted.



Pickleball Courts

Outdoor Court Address/Information

Select tennis courts are painted with red lines that mark the pickleball boundaries. The nets are not adjustable from tennis court standard height.

Wood Oaks Green Park

1150 Sanders Road: Four pickleball courts

Williamsburg Square Park

200 Lee Road: Three pickleball courts

Stonegate Park

3425 Whirlaway Drive: Two pickleball courts

Pickleball Summer League

Our new Summer Pickleball League is a recreational league that emphasizes competition, fitness and fun! Each player or team will compete in an 8-week league (3 games per night) with a 1 week playoff. Game balls will be provided. Bring a paddle.

Location: Wood Oaks Green Park

Resident: \$45/Non-Resident: \$59

Days	Times	Dates	Code
W	6pm	6/6-8/8	8029

Drop-In Indoor Pickleball

Drop in with your paddle during select times and enjoy the game!

Leisure Center – 3323 Walters Avenue

Tuesdays from 8-10:30am

Friday mornings from 8-10:30am through Memorial Day (May 25).

Greenbriar Gym – Greenbriar School, 1225

Greenbriar Lane

Visit nbparks.org for scheduled adult drop-in times.

Admission

Daily Fee: \$5 per person

Swipe Card: \$35 for 10 admissions to any open gym

Swipe Cards available for purchase at Registration Offices and at Greenbriar School during open gym.

Bocce League

Bocce is an easy, fun sport to play and it appeals to all ages. The game is played with eight large balls and one smaller object ball called a pallino. There are four balls per team and they are made of a different color to distinguish one team from those of the other team. The game is played with two teams with two players on each team. The teams will compete over a 9-week season, plus playoffs. If you do not have a partner, the league will attempt to match players with a partner. Registration fee is per team.

Resident: \$49/Non-Resident: \$59

Days	Times	Dates	Code
Friday	10am-Noon	6/8-8/3	8032

Tuesdays
in the Park

Northbrook Park District Summer Concert Series

Village Green Park, Shermer & Meadow Roads

Join us for free concerts in the park every Tuesday from June 12–July 24!

Every week features a different band/performance, including the Park Larks who perform June 26 at 6:30pm. Gather a group and enjoy!

More information is available at nbparks.org.

Activities

Register at the Senior Center or call 847-291-2988.

Healthy Aging Into Your Future

Tuesday, May 1 from 2-4pm

Famous Food Network Star and Nationally Known Chef, Gale Gand joins us this year to kick off our series! Come and learn from Gale with a cooking demonstration and delicious and easy-to-make recipe! Questions are encouraged throughout her presentation. Sponsored by Home Instead and Northbrook Inn.

Member: \$7

Code 7236

AARP Driver Safety Course

May 14 & 15, June 11 & 18 from 9am-1pm

Sharpen your driving skills with a two-day class, geared toward drivers age 50 and older. Review rules of the road and safe vehicle operation, and learn about normal age-related physical changes. Preregistration is required, with checks payable to AARP. Drivers must attend both days of the course. Call the Senior Center at 847-291-2988 to register.

AARP Member: \$15



Lunch and Movie

Enjoy a catered lunch and watch a movie with friends from **noon-3pm**.



Miss Congeniality

Tuesday, May 15

Sandra Bullock is an FBI agent that must go undercover as a contestant in the Miss United States beauty pageant to uncover a terrorist.

Member: \$6

Code: 7239



Three Billboards Outside Ebbing, Missouri

Tuesday, June 12

Three Billboards Outside Ebbing, Missouri is the darkly comic story of a mother that challenges the police in a small town to find her daughter's murderer. How will the police react when she paints three billboards leading into town?

Member: \$6

Code: 7658

Lunch and Learn

Would You Like to Decrease your Energy Costs?

Tuesday, June 19 from Noon-2pm

The Citizens Utility Board will be out to discuss ways to increase your energy efficiency at home and decrease your energy costs. Also learn about energy efficiency programs that are available.

Member \$7

Code 8015

Fitness Classes

Register at the Senior Center or call 847-291-2988.

Check out the Park District Guide for additional Fitness programs for Adults.

Low Intensity

Heart rate is 68-92 beats/min.

Moderate Intensity

Heart rate is 93-to-118 beats/min.

High Intensity

Heart rate is over 119 beats/min

Ageless Grace

This innovative anti-aging fitness program for the brain and body is based on the science of Neuroplasticity. Ageless Grace is composed of 21 simple tools which each work a different system of the body, while activating the brain's areas of strategic planning, memory recall, breaking down actions, imagination, and allowing the body to follow as the brain directs. Feel younger with every workout. No class 7/4

Member: \$40 for 5 classes Instructor: Sharon Wilk

Days	Times	Dates	Code
Wednesday	12:30-1:15pm	6/20-7/25	7581

Cardio Rhythmics

Focus on fitness with light weights. No class 5/28, 7/4 Mondays, Wednesdays and Fridays from 9:15-10:15am Drop-in fee is \$5 per class. Save with a Swipe Card:

Member: \$36 for 12 classes, \$60 for 24 classes.
Instructors: Phyllis Williams (M, F), Carol King (W)

Chair Yoga

Exercises are done in a chair or standing. No class 7/4

Member: \$55 for 5 classes Instructor: Olga Rudiak

Days	Times	Dates	Code
Monday	9:30-11am	6/18-7/16	7583
Wednesday	9:30-11am	6/20-7/25	7584

Joints In Motion

Exercises are designed for those with arthritis, stenosis, fibromyalgia or joint replacements.

Location: [Village Green Center](#)

Member: \$40 for 5 classes

Certified Instructor: Judy Bishop

Days	Times	Dates	Code
Tuesday	10:45-11:45am	6/26-7/24	7589
Friday	10:45-11:45am	6/29-7/27	7590



Fitness Classes

Register at the Senior Center or call 847-291-2988.

Sit and BeFIT

Enjoy a lively workout while seated.

Member: \$45 for 6 classes Instructor: Carol King

Days	Times	Dates	Code
Wednesday	11am-Noon	7/11-8/15	7606

Tai Chi

This Chinese exercise improves balance and flexibility.

Member: \$40 for 5 classes Instruction: Taoist Chi Society

Days	Times	Dates	Code
Tuesday	10:30-11:30am	6/12-7/10	7607

Total Body Conditioning

Try three types of fitness: aerobics, strength training and flexibility exercises.

Location: Village Green Center

Certified Instructor: Anne Hansen

Days	Times	Dates	Code
Member: \$40 for 5 classes			
Friday	9-10am	6/22-7/20	7614
Monday	9:30-10:30am	6/25-7/23	7613

W.O.W. (Wonderful Overall Workout)

This cardio class will work your muscles and strengthen your core while using hand weights.

Member: \$45 for 6 classes Instructor: Carol King

Days	Times	Dates	Code
Thursday	9:15-10:15am	6/21-7/26	7617

NEW! Yoga for Golf

A four-week series of all-level classes focusing on specific yoga poses and practices that strengthen and stretch targeted muscle groups that activate in your golf swing. No yoga experience required.

Resident: \$60 for 4 classes

Certified Yoga for Golfers Instructor: Megan Miller

Days	Times	Dates	Code
Wednesday	12:15-1:15pm	6/6-6/27	8098



Yoga

Slow, sustained stretching movements and breathing exercises keep your body in tune.

Certified Instructor: Maxine (25+ years of experience)

Days	Times	Dates(#)	Code
Resident: \$65/Non-Resident: \$85 for 9 classes			
Thursday	6:30-7:45am	6/18-8/13	7630
Monday	10:20-11:35am	6/18-8/13	7629
Friday	9-10:15am	6/22-8/17	7627
Friday	10:20-11:35am	6/22-8/17	7628

Resident: \$60/Non-Resident: \$80 for 8 classes			
Tuesday	6:30-7:45am	6/19-8/7	7625

Resident: \$55/Non-Resident: \$75 for 7 classes			
Thursday	6:30-7:45pm	6/21-8/9	7626

Zumba Gold

This dance workout uses Latin music and easy-to-follow dance moves mixed with aerobics.

Drop-in fee is \$10 per class. No class 7/4

Certified Instructors: Hilary Weisman (Monday & Wednesday) Oxana Ivlicheva (Tuesday & Thursday)

Member: \$49 for 6 classes Leisure Center

Days	Times	Dates	Code
Monday	6-7pm	6/18-7/23	7632
Tuesday	9:30-10:30am	6/19-7/24	7633
Thursday	10:30-11:30am	6/21-7/26	7634

Member: \$40 for 5 classes Village Green Center			
Wednesday	11am-Noon	6/20-7/25	7638

The Ridge

the Leisure Center's new workout space!

Enjoy time for yourself while getting active and fit! The Ridge is a great addition to the Leisure Center, making workouts convenient for Senior Center Members.

What's Available

- Two treadmills
- One elliptical cross-trainer
- One recumbent bike
- One upright bike
- One dual, adjustable pulley weightlift machine
- Balance balls, mats and free weights

Inside the room, members have access to towels, a water cooler, a hand sanitizing station and TV.

The Ridge Membership Fees

Adult (18+) Resident Fee	\$120
Adult (18+) Non-Resident Fee	\$150
Senior (65+) Resident Fee	\$95
Senior (65+) Non-Resident Fee	\$119



Personal Training

Have a Certified Personal Trainer design a simple, effective and fun workout program just for you! Sessions are 45 minutes long and a fitness assessment will be provided. The Ridge Membership is not required for Personal Training sessions. Training is provided by Leslye Jones-Beatty.

1-Person Sessions

1 Session	\$60
4 Sessions	\$220 (\$55 per session)
8 Sessions	\$400 (\$50 per session)

2-Person Sessions

1 Session	\$110 (\$55 per person)
4 Sessions	\$400 (\$50 per person/per session)
8 Sessions	\$720 (\$45 per person/per session)

Schedule a walk-through of The Ridge and find out how a Ridge Membership can enhance your workout routine, call the Leisure Center at 847-291-2995.

Yearly Memberships are available at nbparks.org/online-registration and at any Northbrook Park District Registration Office!

Happy Birthday



May Birthdays

1	Bernie Lucas	9	George Ramirez	17	Almeda Colby	22	Sherwin Meyers
2	Janet Alberts	10	Herman Reisman	17	Judith Peiros	23	Marcia Filerman
2	Jill Baker	11	Shelia Benjamin	17	Lucille Rosen	25	Dave Herzon
2	Michele Rosenmutter	11	Eileen Minow	18	Elaine Kirschbaum	25	Avy Lee
3	Nina Jacobsen	12	Diane Balter	18	Nancy Liebschutz	25	Jeanie Mendel
3	Beverly Sugar	12	Harmon Kravitz	18	Carol Wald	25	Victoria O'Donnell
6	Cindy Fleischer	12	Terry Lewis	19	Sharon Ponitch	25	Jacquelyn Saegebrecht
6	Cookie Kanter	12	Ellie Poteshman	19	Sharon Hanusin	27	Ruth Cless
6	Robert Manfredini	13	Sonya Olex	19	Elizabeth Riedel	27	Rita Eischen
6	Virginia Russell	14	Joan Levy	20	Doris Batz	27	Marlene Halperin
6	Barbara Scott	14	Barbara Warshawsky	20	Charles Preihs	29	Jeanie Zaltzman
8	Elaine Kirshbaum	15	Mary Spallone	20	Judith Margolis	30	Merle Helman
8	Janet Weiss	16	Victoria Bahnasy	21	Doris Lee Dutton		
9	Terri Bruch	16	Sylvia Berman	21	Eva Sebestyen		
9	Christine Garber	16	Norman Victorson	22	Gerald Goldman		
9	Isadora Goodman	16	Alan Wernick	22	Janet Gross		

June Birthdays

1	June Harris	7	Gail Meyers	14	Hope Petrine	21	Beth Gusloff
2	Anita Buyer	7	Maxine Ratajczyk	15	Harriet Goldberg	21	Nancy Morrison
2	Bernice Rosenstein	7	Dale Silverman	15	Sue Ellen Klark	22	Virginia Pomper
2	Guenter Schroeder	8	Carole Cummings	15	Hwa Lee	25	Judith Klein
3	Joyce Freund	8	Sharon Moyer	16	Barbara Subak	25	Maryann Misevich
4	Elaine Friedman	9	Larry Schaffel	18	Eileen Albini	26	Karen Freeman
4	Sofia Rosselson	12	Gerald Bayer	19	Marsha Bain	26	Charles McCarthy
5	Harriett Lemick	12	Helen Grilli	19	Linda Smoke	27	Flo Kaplan
6	Clarice Davis	12	Kay Siess	20	Barbara Creinin	28	Carole Gers
6	Jody Gale	13	Phyllis Kosner	21	Rookie Becker	29	Dee Perlman
6	Marilyn Shields	13	Lin Novitsky	21	Fran Grusin	30	Evelyn Blum
6	Christine Dombkiewicz	13	Helen Stevens	21	Adela Guavita	30	Karen Sevin

Daily Schedule

Programs shown in purple are free for members. Summer hours start June 11.



SENIOR CENTER

Connect with us at nbparks.org and follow us on Facebook!

Questions? Call 847-291-2988

Monday

- 9:15-10:15am Cardio Rhythmics
- 9:30-10:30am Total Body Cond.
- 9:30-11am Chair Yoga
-
- 10am-2pm Sewing and Crafts
- Mother's Day, Father's Day, Memorial Day, and 4th of July are all coming up! Come by and purchase a handmade gift!*
-
- 11:30am-3:30pm Duplicate Bridge
- 11:30am-4pm Mahjong
- Noon-3pm Canasta
- 12:30-4pm Men's Poker
- 6-7pm Zumba Gold
- 6:30-8:30pm Bridge - Adv. Beg.

Tuesday

- 9-11am Social Time
- 9:30-10:30am Zumba Gold
- 9:30am-Noon Bridge
- 10-11am Walking Club
- 10:30-11:30am Tai Chi
- 10:45-11:45am Joints in Motion
- 11:30am-4pm Mixed Poker
- Noon-3pm Ceramics
- 12:30-3:30pm Social Services (1st and 3rd week)
- 1-2pm Tap Dancing
- 1-2pm Current Events
- 6-8pm Mahjong Class
- 6:30-8:30pm Bridge - Int. Beg.

Wednesday

- 9:15-10:15am Cardio Rhythmics
- 9:30-11am Chair Yoga
- 10am-Noon Knit/Crochet
- 11am-Noon Sit & BeFIT
- 11:30am-4pm Canasta
- Noon-3:30pm Dr. Berman Podiatrist (by appt.) (2nd week)
- 12:30-1:15pm Ageless Grace
- 12:30-4pm Men's Poker
- 1-3pm Palette Pals
- 6:30-8:30pm Bridge - Beg.

Thursday

- 9:15-10:15am W.O.W.
- 9:30-11:30am Park Larks
- 9:30-11:30am Mahjong Class
- 10am-Noon Bocce
- 10:30-11:30am Zumba Gold
- 11:30am-4pm Mahjong
- 11:30am-4pm Mixed Poker
- 12:45-4pm Art Studio
- 7-8:30pm Knitting and Crocheting

Friday

- 8-10:30am Pickleball
- 9-10am Total Body Cond.
- 9:15-10:15am Cardio Rhythmics
- 9:30-11:30am Mahjong Class
- 9:30am-Noon Humanities
- 10:45-11:45am Joints in Motion
- Noon-3pm Canasta
- Noon-3pm Ceramics
- 12:30-4pm Men's Poker
- 1:30-3pm Bunco (2nd & 4th week) (Dates subject to change)

Saturday

- 11am-3:30pm Mahjong

Sunday

CLOSED

Event Calendar

Register for events at the Senior Center or call 847-291-2988.

May						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
		1 Healthy Aging 2-4pm Social Services (by appointment)	2	3	4 Volunteer Luncheon 11:30am-2pm	5
6	7	8	9 Podiatrist (by appointment)	10	11	12
13	14 AARP Driver Safety 9am-1pm	15 AARP Driver Safety Social Services (by appointment) 9am-1pm Lunch & Movie Noon-3pm	16	17 Barbara Rinella 11:30am-2pm	18 Opera Appreciation Noon-2pm	19
20	21	22	23 Trip: South Pacific Drury Lane Theater 10:15am-5pm	24	25 Opera Appreciation Noon-2pm	26
27	28	29	30	31		

June						
Sun	Mon	Tue	Wed	Thurs	Fri	Sat
					1	2
3	4	5 Social Services (by appointment)	6 Podiatrist (by appointment)	7	8	9
10	11 AARP Driver Safety 9am-1pm	12 Lunch & Movie Noon-3pm Tuesdays in the Park – Concert 6:30pm	13 Trip: Chicago Cubs, Miller Park, Milwaukee 10:30am-6pm	14	15	16
17	18 AARP Driver Safety 9am-1pm	19 Social Services (by appointment) Tuesdays in the Park – Concert 6:30pm	20	21	22	23
24	25 Trip: The Gold Pyramid 11:30am-4:30pm	26 Tuesdays in the Park – Park Larks 6:30pm	27	28	29	30

Senior Center Memberships

Renew your membership for 2018: \$30 for residents and \$45 for non-residents. Members receive discounts and free access to drop-in programs. Questions? Call 847-291-2988 today!

Welcome New Members

Janet Alberts

Peggy Doctor

Elaine Friedman

Maxine Gan

Steven Gan

Isadora Goodman

Olivia Greco

Peggy Greene

Lynn Johnson

Gladys Keats

Hwa Lee

Susanne Meyer

Eleanore Jean Missirlian

Patty Parker

David Pearlman

Gunther Schroder

Ilene Schwab

Kay Siess

Halina Skrabacz

Diane Spainer

Ila Tattleman

Alan Wenick

Donna Yesner

Gina Zimick

Lora Zygmant

In Memory Of

Patricia Balog from her friends at the Senior Center

NORTH SHORE PLACE

Signature Collection

a Senior Lifestyle community

ASSISTED LIVING | MEMORY CARE

1000 SUNSET RIDGE ROAD | NORTHBROOK, IL 60062

WWW.SENIORLIFESTYLE.COM

