



Frequently Asked Questions (FAQs)

What safety measures are followed at the pools?

The Northbrook Park District is thoroughly evaluated on a regular basis by the District, and our partner agencies including Starfish Aquatics Institute, StarGuard and our risk management agency to ensure our operations are in compliance with state safety standards.

Pool users should be familiar with all safety rules posted at both pools including a complete list of Illinois Department of Public Health Rules and Park District rules.

I read a newspaper article about an incident at the pool recently. What is the status of that?

First and foremost, we want to share that our young swimmer is home and “is doing just great,” according to the boy’s mother. We commend our lifeguard staff for their swift, life-saving actions and appreciate the invaluable assistance of Northbrook Police and Fire. An extensive review was conducted and determined that pool operations and staffing levels were fully compliant with Illinois Department of Public Health regulations for public swimming pools.

Can you explain lifeguard coverage at the pools?

Key factors determine our lifeguard coverage and positions on any given day at District pools. These include:

- Number of swimmers in a pool
- Type of swimmers in pool (older adults, young children, teens)
- Large groups or day camps on-site
- Time of day
- Weather

Guards rotate out of their position on a regular basis and are required to take mandatory breaks.

My child has been a guard for the past three years. The training is remarkable.

The District’s lifeguard training program is incredibly thorough and can be found here:

<http://www.nbparks.org/programs/aquatics-swimming/> Both pools meet industry best practices for lifeguard zone and response coverage. Each District pool is audited (unannounced) three times per season by Starfish Aquatics Institute and has passed every audit (30 total) the past five years.