

Northbrook Park District Pools

For the safety and enjoyment of all our customers, please obey our pool rules:

The following are prohibited:

1. The use of profanity and offensive language
2. Running, rough play and chicken fights
3. Hanging on lane lines
4. Alcohol, smoking and glass containers
5. Cameras and cell phones with picture-taking capability in the locker rooms

Please remember:

1. Obey lifeguards at all times.
2. Children age 10 and younger must be accompanied by a parent or responsible adult (16 or older).
3. Parents must remain within arm's length of small children.
4. Strollers must be kept at minimum of 5 feet from the edge of the pool and the wheels must be in the locked position.
5. Bathing suits must be worn in the pool (no cut-offs, gym shorts, sports bras, etc.).
6. Floatation devices are permitted if they are U.S. Coast Guard-approved.
7. Coolers are not allowed at Meadowhill Aquatic Center, unless required for medical or dietary reasons or for children age 2 and younger.
8. At the Northbrook Sports Center Pool, coolers containing food or drink can be taken directly to the designated concession area and stored there.
9. Eating and drinking are allowed only in the concessions area.
10. Swimmers must be at least 48" tall to use slides
11. The Northbrook Park District is not responsible for lost or stolen items.



Water Slide Rules

1. Anyone who is at least 48" tall can ride the slide.
2. Wait for a signal from the attendant to start sliding.
3. Body slide riders must be on their backs, with feet entering the water first.
4. Tube slide riders must be in the seated position, facing forward and holding the handles.
5. Exit the pool immediately after the ride.
6. Return the tube to the corral after using it.
7. The following are prohibited:
 - lifejackets
 - metal objects, keys, rings, earrings, glasses and goggles
 - tandem or chain riding
 - stopping and standing on the slide

Diving Board Rules

To use the diving board, you must be able to swim in deep water. Parents are not permitted in the diving well to "catch" their child. Goggles and flotation devices may not be used.

- Only one person on the diving board. Wait your turn on the pool deck, not on the ladder.
- No running on the diving board.
- Only one bounce on the diving board. Jump or dive straight off the end of board, not off the side.
- No competitive diving- front entries only.
- Do not dive until previous swimmer in dive well has reached exit stairs/ladder
- Exit water promptly using the stairs/ladder closest to your board



Children's Play Area Rules

1. Obey lifeguards at all times.
2. Parents must supervise children at all times.
3. Water cannons must always face the pool.
4. The following are not allowed:
 - Climbing on the water table
 - Rough play
 - Removal of deck chairs from the area
5. The area is reserved for children 10 years and younger.

Personal Flotation Devices (PFDs): Use at Your Own Risk

Personal flotation devices are available but will not prevent drowning and are not a substitute for appropriate swimming skills and/or adult supervision of children. Adult patrons and parents/guardians of minor patrons are solely responsible for determining that a PFD is the proper size and is adjusted and worn properly.

- PFDs are available in sizes for children 3 years old or 40 pounds through adult sizes.
- Any child using a PFD must be supervised by an adult in the pool within arm's reach at all times. A PFD is not a babysitter.
- Lifeguards and other aquatic staff are not responsible for assessing swimming skills or ensuring that PFDs fit properly.
- PFD straps must be secured for a snug fit. To check for a good fit, lift the child by the shoulders of the PFD. If the PFD fits properly, the child's chin and ears will not slip through it.
- PFDs are not permitted on slides or diving boards.
- Do not alter a PFD.
- Do not sit, stand or kneel on a PFD or place heavy objects on it.
- Return the PFD to the guard office when you're finished using it.



